

## Inside This Issue

Father's Day	1
Green Living	2
In Theatres	3
Internet Tidbit	4
Observation	5

## Web Resources

[TimeAndDate.com](http://TimeAndDate.com)  
[GreenLivingTips.com](http://GreenLivingTips.com)  
[RottenTomatoes.com](http://RottenTomatoes.com)  
[AnnualCreditReport.com](http://AnnualCreditReport.com)  
[NationalDayCalendar.com](http://NationalDayCalendar.com)

## Newsletter

# Resident Link

Volume 12, Issue 6

June 2019 Newsletter

## Celebrate All Things Dad on Father's Day

Father's Day is celebrated worldwide to recognize the contribution that fathers and father figures make to the lives of their children. This day celebrates fatherhood and male parenting. Although it is celebrated on a variety of dates worldwide, many countries observe this day on the third Sunday in June.



The nation's first Father's Day was celebrated on June 19, 1910, in the state of Washington. However, it was not until 1972–58 years after President Woodrow Wilson made Mother's Day official—that the day honoring fathers became a nationwide holiday in the United States. Father's Day 2019 occurs on Sunday, June 16th.

On Father's Day many people make a special effort for their fathers or father figures. Some people visit their fathers, while others give cards, flowers or other gifts, such as clothing or sporting equipment, or luxury food items. Father's Day is a relatively modern holiday, so different families have different traditions. These can range from a simple phone call or greetings card to large parties honoring all father figures in an extended family or familial type structure.

It is important for people wanting to dine in a restaurant on Father's Day to think about booking in advance because restaurants may be busier than usual, as many people take their fathers out for a treat.

## Green Living Tip

Many household contaminants are brought into your home on the bottom of your shoes. To reduce these harmful substances in your home, you should have good, durable mats at all entrances of your home. Encourage your children and guests to wipe their feet well before entering your home. You can also place cotton rugs inside your doors to collect dust from the outside. Don't forget the door to your garage as well. For even better protection, consider becoming a shoe-free household. You can set up an area near the entrance of your home for shoe storage.

Reduce . Reuse . Recycle.



## Playing @ The Movies

### X-Men: Dark Phoenix

During a rescue mission in space, Jean Grey is nearly killed when she is hit by a mysterious cosmic force. Once she returns home, this force not only makes her infinitely more powerful, but far more unstable. With Jean spiraling out of control, she begins to unravel the very fabric that holds the X-Men together.

#### Movie Stats

Rating: PG-13

Release Date: June 7, 2019

Director: Simon Kinberg

Starring: Sophie Turner, Jennifer Lawrence, Jessica Chastain



## Your Monthly Internet Tidbit

***You can get a free credit report from each of the three nationwide consumer credit reporting companies.***

Reviewing your credit report annually is one of the most important things you can do to help keep you from becoming a victim of identity theft. There are a lot of companies offering you a free credit report, but be wary. Some require you to sign up for credit monitoring or other services, charging you a fee.

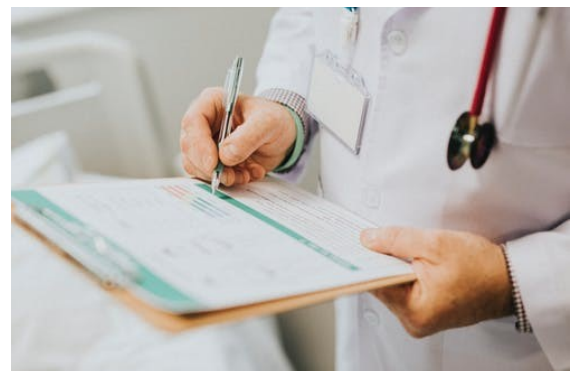
You can get a free credit report from each of the three, nationwide consumer credit reporting companies (Equifax, Experian, and TransUnion) at AnnualCreditReport.com. At this website, you can view and print your credit report and request your credit report by phone or mail. You are eligible to receive one free credit report from each of the three agency every 12 months.

*Check it out today at [AnnualCreditReport.com](http://AnnualCreditReport.com)*

## June is National Men's Health Month

Throughout June, Men's Health Month focuses on improving the lifestyles of men. While there are several approaches to improving overall health, diet and exercise are the targets of any changes.

All month long, community events and clinics take place to increase awareness of the leading health concerns men face. It's important to encourage the men in our lives to get regular checkups and be aware of the risks for their age, ethnicity, lifestyle, and other mitigating factors.



*For more information, visit [NationalDayCalendar.com](http://NationalDayCalendar.com)*



**Before printing** think about your responsibility and commitment to the **ENVIRONMENT**