

Inside This Issue

Valentine's Day	1
Green Living	2
In Theatres	3
Internet Tidbit	4
Observation	5

Web Resources

Care.com

LifeHack.org

GreenLivingTip.com

RottenTomatoes.com

Coffitivity.com

NationalDayCalendar.com

Newsletter

Resident Link

Volume 16, Issue 2

February 2023 Newsletter

Steps to Making Valentine's Day Special

Valentine's Day, celebrated on February 14th, is all about romance and expressing your love to those you cherish most. By putting forth a little effort and some planning, you'll not only create a very special day, but also one that is extremely memorable. Here are 5 tips to keep in mind for an especially fun, romantic evening:



1. Make sure that you secure a babysitter early. Nothing kills the romance like finding last-minute child care.
2. Plan a special family breakfast or spend some extra time with the kids before the big night out with your sweetheart.
3. Be sure to plan your evening meal or activity well-ahead of time, because reservations tend to book up quickly for the holiday.
4. Get her, his, or their gift ahead of time to make sure you secure the perfect item that they're sure to love — no one likes last minute shopping!
5. Remember to have fun above all else! It's what the holiday is all about, after all — paying homage to why you fell in love to begin with.

Valentine's Day shouldn't be stressful; it should be relaxing, enjoyable, and celebratory of your relationship. With out 5 helpful tips, you'll be a bigger icon this Valentine's Day than Cupid himself.

Green Living Tip

It may seem surprising, but washing your dishes using a dishwasher, as opposed to hand washing, is better for the environment. A study conducted by researchers at the *University of Bonn* in Germany found that energy efficient dishwashers use only 50% of the energy and a small fraction of the water used when hand washing. They also use less soap. Dishwasher detergent tends to be harsher for the environment, but there are many environmentally friendly products on the market that work just as well.

Reduce . Reuse . Recycle. 

Playing @ The Movies

80 for Brady

Four best friends live life to the fullest when they embark on a wild trip to see their hero, Tom Brady, play in the 2017 Super Bowl. Based on a true story, Those four women are played by Academy Award winners Lily Tomlin, Jane Fonda, Rita Moreno, and Sally Field.

Movie Stats

Release Date: February 3, 2023

Director: Kyle Marvin / Rating: PG-13

Starring: Jane Fonda, Sally Field, Lily Tomlin



Your Monthly Internet Tidbit

"Coffitivity recreates the ambient sounds of a cafe to boost creativity and help you work better."

Can background noise increase your creativity? Researchers at the *University of Illinois* found that the ambient noise typically found in a coffee shop increased the creative thought process of study subjects more than working in a quiet room. This is great if you have the opportunity to work in a coffee shop, but what if you are stuck at home or in a quiet office? Now, you can bring those sounds to your work environment.

Coffitivity.com offers a free ambient coffee shop soundtrack to give you just the right level of background noise. You can get the soundtrack on your computer or download the app to take it with you.

Check it out today at Coffitivity.com

February is National Wedding Month

February is National Wedding Month, a celebration of the beauty of unconditional love and the excitement of marriage and weddings. Did you know that more than 2.4 million couples get married in the U.S. every year, and about 16,000 of them tie the knot on Valentine's Day itself? Even though the majority of weddings take place during the summer months, February does claim the most weddings to a single day.

It's also the month that the most brides and grooms-to-be start doing their serious wedding planning. This year, reach out to married couples, who have an anniversary in February, and tell them happy anniversary! They'll love that you remembered their love during the national month of weddings.



For more information, visit NationalDayCalendar.com



Before printing think about your responsibility and commitment to the **ENVIRONMENT**